

ULTRASOUND Preparation Instructions

Your physician has scheduled you for an Ultrasound exam at Karmanos Cancer Center. Please check in at the Walt Breast Center or Weisberg Cancer Center front desk. Depending on your Physician's instructions, this procedure may take up to 1 hour to complete, so be prepared to be in Ultrasound for at least that amount of time. The preparation for this exam is listed for your information. Failure to follow these instructions may result in the need to reschedule your appointment.

ULTRASOUND ORDERS	PREPARATION INSTRUCTIONS
Abdomen	Nothing to eat or drink 6 hours before exam
Adrenal Glands	24 oz. water 1 hour before the exam. The patient may NOT empty bladder until the exam is complete
Aorta	Nothing to eat or drink 6 hours before exam
Bladder	24 oz of water. Must be finished 1 hour prior to the exam. The patient may NOT empty bladder until the exam is complete
Breast	No preparation necessary
Chest	No preparation necessary
Extremity (upper and lower)	No preparation necessary
Gallbladder	Nothing to eat or drink 6 hours before exam
Head	No preparation necessary
Liver	Nothing to eat or drink 6 hours before exam
Neck- soft tissue	No preparation necessary
Pancreas	Nothing to eat or drink 6 hours before exam
Parathyroid	No preparation necessary
Pelvis	32 oz. of water. Must be finished 1 hour prior to the exam. The patient may NOT empty bladder until the exam is complete.
Prostate	No preparation necessary
Renal (kidney)	24 oz. water 1 hour before the exam. The patient may NOT empty bladder until the exam is complete
Retroperitoneal	24 oz. water 1 hour before the exam. The patient may NOT empty bladder until the exam is complete
Scrotum/testes	No preparation necessary
Spinal Canal	No preparation necessary
Spleen	Nothing to eat or drink 6 hours before exam
Thyroid	No preparation necessary
Transvaginal	32 oz of water. Must be finished 1 hour prior to the exam. The patient may NOT empty bladder until the exam is complete